



Dream Big, Work Hard, Stay Focussed.

2025 PLANNER



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OPTIMISING EXCELLENCE

Is it the end of the year already?

Am I the only one who felt this year went by really fast?

Ready or not - here we are at the end of one year and the start of another glorious one!

New Year is all about new beginnings.

And as we prepare for the New Year 2025, I invite you to step into the coming year with the intention of dreaming big, working hard and staying focussed.

Because success comes from setting big goals and working consistently towards them.

So, find yourself a quiet corner, grab a warm beverage and give yourself the gift of self reflection.

It will have huge benefits.

I promise.

Warm regards



How To Use This Planner

This planner intends to help you reflect on your 2024 and create your plan to dream big, work hard and stay focussed in 2025

1. Year 2024 Review

Start by reviewing your 2024- celebrating what you accomplished, reflecting on what you learnt and how you grew.

2. The Dream For 2025

Envision your dreams for 2025 Then set clear goals towards achieving your dreams.

3. Dream to Actions

Define your action plan to stay focussed on your goals and move ahead

Part 1

Year 2024 Review

**We do not learn
from experience.**

**We learn from reflecting
on the experience.**

- John Dewey

My 2024

1. What are some of the significant moments that you would like to remember from 2024?
2. What have been your learnings from 2024?
3. How did you grow in 2024? How are you different from who you were last year?

4. What are you grateful for in 2024? Who do you need do I need to acknowledge?

5. What are achievements that you are proud of this year?

6. What did you intend to do or focus on but could not get done this year? Why?

7. What was the most challenging or scary thing you did in 2024?

8. What were your biggest time wasters in 2024?

9. What do you want to leave behind in 2024? And what do you want to take with you into the next year?

10. What are three words to describe 2024 for you?

Part 2

The Dream For 2025

**If your dreams don't
scare you,
they aren't big
enough."**

- Muhammad Ali

My 2025

1. What are some of the significant moments that you would like to create in 2025?
2. What would you like to learn in 2025?
3. What part of your growth would you like to focus on in 2025?

4. What relationships would you like to focus on and nurture in 2025?

5. What habits and behaviors do you want to build in 2025?

6. What did you want to create in 2025?

7. What is anything do you want to do differently in 2025?

8. What are some challenges you foresee in 2025? What can you do about them?

9. What are 3 words you want to define your 2025 by?

Part 3

Dreams to Action

Dare to dream big.

**Then do something
about it.**

~Rebecca Yates

My 2025 Goals

List 3- 5 goals that you would want to have focus on in 2025.

E.g Spend more meaningful time with family.

Or

Be more strategic in my wor

Goal 1:

This year I want to

This is important to me because

Goal 2:

This year I want to

This is important to me because

Goal 3:

This year I want to

This is important to me because

Goal 4:

This year I want to

This is important to me because

Goal 5:

This year I want to

This is important to me because

3- Month Action Plan*

For the intentions that you have for the year what actions do you need to take next 3 months?

Define your specific and measurable actions with a clear end date

S. No.	Goal	Specific and Measurable actions I will take	End date
1			
2			

*At the end of 3 months review your intentions and define your actions for the next 3 months.

S. No.	Intention	Action needed to be completed	End date
3			
4			
5			

Planning For Success

1. What are some things that could prevent me from achieving my what I want? What can I do to prevent that from happening?
2. How could I get in my own way? How can I stop that from happening?
3. What is the best advice I could give myself to be sure I achieve my 3-month plan?
4. How will I hold myself accountable?

**• "The path to success is
to take massive,
determined action."**

~ Tony Robbins

**Wishing you a
successful and
prosperous
2025!!!**



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